



Cod roe mousse: 129 g roe

60 g butter salted 60 g crème friache 10 g lemon

Apple gel:

95 g cloudy apple juice 5 g agar agar 5 g lemon juice

Port reduction:

200 g ruby port 40 g agarve syrup

Apple and hazelnut salad:

40 g toasted hazelnuts
100 g gala or jazz apple
40 g sliced spring onions
20 g cold pressed rapeseed oil

10 slices of sourdough (400 g)

Roe mousse on a crostini with apple gel, port reduction hazelnut and apple salad

How to prepare and cooking

Preparation time: 60 minutes • Cook time: 5 minutes

Roe mousse: In a food processor blend the butter, roe and lemon together to form a smooth paste. Now fold through the creme fraiche and allow to cool down & set in the fridge.

Appel gel: Warm the apple juice and then dilute the agar powder in the lemon juice then whisk in and allow to thicken then remove from the heat and chill.

Port reduction: In a pan combine the port and agave syrup then bring to a simmer and reduce by 2/3rds, then remove and allow to chill and set slightly.

Appel and hazelnut salad: Cut the hazelnuts in half or large chunks, slice the apple into matchsticks, then combine all the ingredients together in a bowl.

Serving: Place a piece of toasted sourdough onto a plate. Pipe small amounts of the mousse in a pattern on the top of the bread. Now pipe alternate apple gel blobs between the mousse. Garnish with the apple, onion, and hazelnut salad. Drizzle over the port reduction.







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