





Salad with roe cubes

So tasty and so simple to make and serve.

Ingrediens:

600 g Amanda Roe

Dip: flour, egg, and panko breadcrumbs.

Salad: Mix lettuce, small tomatoes, green beans

Vinaigrette dressing.

- ▶ Cut the roe in half and cut the 2 halves into 8 sticks by splitting them lengthwise and then cut them to cubes
- ▶ Dip in flour, egg, and panko breadcrumbs
- ▶ Fry it until golden and crisp
- ▶ Place the hot cubes on grease paper

Serve the roe cubes with mix lettuce, small tomatoes and green beans in a bowl. Mix all ingredients with a vinaigrette dressing. Serve in a bowl with bread.

THE IDEAL
SEAFOOD MEAL

